

Yoga Balance Studio

200 Hour Yoga Balance Teacher Training Schedule

If you have any questions,
please contact Tracy Carruth. phone – 972.832.5864 email – tracycarruth@sbcglobal.net

- Teacher training begins Saturday Sept. 6, 2008
- We will meet the **first Saturday and Sunday of the month from 11am-7pm** and the **third Fridays from 6-10pm (except in October)**.
- Students are required to take and document at least two classes per week - preferably at Yoga Balance.
- As we near the end of training in June, we can reserve days to make up hours required.

September - 2008

- Saturday 6th (11am-7pm)
- Sunday 7th (11am-7pm)
- Friday 19th (6-10pm)

October - 2008

- Sunday 5th (11am-7pm)
- Friday 17th (6-10pm)
- Saturday 18th (11am-7pm)

November - 2008

- Saturday 1st (11am-7pm)
- Sunday 2nd (11am-7pm)
- Friday 14th (6-10pm)

December - 2008

- Saturday 6th (11am-7pm)
- Sunday 7th (11am-7pm)
- Friday 19th (6-10pm)

January - 2009

- Saturday 3rd (11am-7pm)
- Sunday 4th (11am-7pm)
- Friday 16th (6-10pm)

February - 2009

- Saturday 7th (11am-7pm)
- Sunday 8th (11am-7pm)
- Friday 20th (6-10pm)

March - 2009

- Saturday 7th (11am-7pm)
- Sunday 8th (11am-7pm)
- Friday 20th (6-10pm)

April - 2009

- Saturday 4th (11am-7pm)
- Sunday 5th (11am-7pm)
- Friday 17th (6-10pm)

May - 2009

- Saturday 2nd (11am-7pm)
- Sunday 3rd (11am-7pm)
- Friday 15th (6-10pm)

June - 2009

- Saturday 6th (11am-7pm)
- Sunday 7th (11am-7pm)
- Friday 19th (6-10pm)